

Santé Spa  
Medical Aesthetics Treatment Guide

This Treatment Guide is a reference tool to help you determine which medical aesthetic treatments are right for you. Please note, treatment programs, results, the degree of discomfort associated with treatment and post-treatment downtime will vary according to the individual and are influenced by such factors as skin condition and lifestyle. Prices listed are an estimation and subject to change.

	What it does	Results & Maintenance	Degree of Discomfort	Downtime	Average Price
<b>For Smoothing</b>					
Fractional Laser Skin Resurfacing	High precision laser microbeams are delivered into the skin - removing damaged skin, stimulating skin regeneration and collagen production.	Results are permanent. Just like all skin, treated areas are subject to the skin's natural aging process. A series of 3 or more treatments is recommended.	Moderate to intense snapping sensation of heat and light.	3-5 days of swelling and redness; skin may be pink for up to a week.	Starting at \$2,700 for full facial series of 3 treatments.  Starting at \$1,620 for single area (eyes, neck, cheeks or mouth) series of 3 treatments.
Soft Tissue Fillers	Hyaluronic acid fillers (ie. Juvéderm, Restylane) smooth deep wrinkles and folds, restore lost volume and enhance facial contours (ie. cheeks, lips).	Results take effect immediately and last approximately 6-18 months, depending upon the area injected.	Hyaluronic acid fillers with Lidocane offer instant freezing benefit, resulting in mild to moderate discomfort at the injection site.	Some swelling and bruising may occur.	Price by individual assessment, according to treatment program. Rate of \$520/vial.
Botox	Botox smoothes facial wrinkles and fine lines by inhibiting contractions in the muscles responsible for creating undesired wrinkles in the skin, in addition to providing brow and neck lifts.	Results take full effect in 1-2 weeks and last approximately 3-6 months.	Mild to moderate discomfort may be felt at the injection site.	Some bruising may occur.	Price by individual assessment, according to treatment program. Rate of \$12/unit.
Medical Microdermabrasion	A controlled spray of crystals is directed towards the skin, achieving exfoliation and increasing circulation.	A series of 4 treatments is recommended initially, with maintenance treatments every 1-3 months thereafter.	Mild irritation may occur.	Skin may appear pink post-treatment.	Starting at \$485 for facial series of 4 treatments.
Chemical Peel (30-70%)	Alpha and beta hydroxy acids medically exfoliate the surface layer of the skin, treating acne and diminishing pigmentation.	A series of 6 treatments is recommended initially with maintenance treatments every 1-3 months thereafter.	Mild tingling or itching may occur.	Skin may appear pink post-treatment.	Starting at \$675 for facial series of 6 treatments.
<b>For Color Correction</b>					
Intense Pulsed Light (I.P.L.)	Selected wavelengths of light penetrate the skin to remove unwanted capillaries and reduce pigmentation (red and brown spots).	A series of 4 treatments is recommended with maintenance treatments according to skin type and environmental exposure.	Moderate snapping sensation of heat and light.	Some heat and redness may occur. Areas of pigmentation may darken and slough off, up to 2 weeks after treatment.	Starting at \$1,350 for facial series of 4 treatments.  Starting at \$700 for single area series of 4 treatments.

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<b>For Tightening</b>					
Skin Tightening	Radiofrequency technologies generate heat within the dermis, causing collagen fibers to contract and multiply, resulting in a tightening of the skin over time.	A series of 3 or more treatments is recommended with annual maintenance treatments.	Moderate heat sensation.	Skin may feel warm or appear pink immediately after treatment.	Starting at \$1,700 for single area (eyes, chin, neck or jawline) series of 3 treatments.
<b>For "Lift"</b>					
Soft Lift	Botox and soft tissue fillers are used in combination to smooth wrinkles and fine lines, provide neck and brow lifts and enhance facial contours (ie. cheeks, lips).	Botox results take full effect in 1-2 weeks while filler results take effect immediately. Botox lasts approximately 3-6 months while filler results last approximately 6-18 months, depending upon the area injected.	Mild to moderate discomfort may be felt at the injection site.	Some swelling and bruising may occur.	Price by individual assessment, according to treatment program. Price may range from \$1,000-\$2,000.
<b>For Permanent Hair Removal</b>					
Laser Hair Removal	Permanent hair reduction solution to areas including the legs, bikini, underarms and upper lip. Performed on all skin types including tanned skin.	A series of 6-10 treatments achieves hair reduction with maintenance treatments annually/as required.	Mild to moderate snapping sensation of heat. Soprano laser technology offers improved effectiveness without the pain associated with previous generation technologies.	Skin may feel warm or appear pink immediately after treatment.	Starting at approximately \$1,200 for single area series of 6 treatments.
<b>For Cellulite/Body Contouring</b>					
Non-Invasive Body Contouring	Radiofrequency laser stimulates deep dermal heating, improving localized circulation which helps drain retained fluids from adipose tissue while tightening the overlying skin.	A series of 10 treatments is recommended initially, with annual maintenance treatments thereafter. It is essential to maintain a healthy dietary and exercise regimen to sustain treatment results.	Moderate heat sensation is felt as heated handpieces are moved vigorously over the skin.	Skin may feel warm or appear pink immediately after treatment.	Starting at \$2,800 for single area (stomach, thighs, hips or derrière) series of 10 treatments.